



Semi-Competitive 4's - League Rules

1. Player Requirements

- 4 players on the court (a default occurs if there are less than 3 players).
- A minimum of 1 female must be on the court at all times.
- The opposing team may waive the minimum player requirement and have the match count as an official game. This determination must be made prior to the start of play. **This understanding must be made clear at the net and prior to the start of play by both Team Captains.**

2. Start Time

- Please arrive 15 minutes early to ensure that your games start on time.
- If a team does not meet the minimum requirements five minutes after the official match start, they will default the first game 21-0. If the minimum requirement is not met fifteen minutes after the match begins, then they will default the match. A default match is counted as a loss.
- After 3 defaults, teams will be ineligible from further competition.

- ### 3. Substitutions –
- Each team is allowed to have as many subs as they want. Each sub must notify the BVB Coordinator and sign a waiver before playing. ***Note:** Although a team is allowed to have an unlimited number of subs play for them during the season, you can only have **two** subs per match.

4. Scoring and Standings

- You will play a maximum of 3 teams per night. Each match is 40-minutes in length, within the designated time limit teams will play best out of three games.
- Two games are played to 21 points with rally point scoring (i.e. a point is scored on every serve) and must be won by 2 points but with a 23 point cap (first to 23 points wins and does not have to win by 2)
- The third game is played to 15 points and must be won by 2 points, with a 17 point cap (first to 17 points win and does not have to win by 2)
- If time runs out, the team leading in the third game wins and if the score is tied, then one rally point will be played to determine the winner of the match.
- If at the end of the 40 minutes the two teams are tied in games won, then the team with the most total points will be declared the winner of the match. If the total points are even, then one rally point will be played to determine the winner of the match.
- One point will be awarded for each game win. An additional point will be awarded for the win of a match (winning best 2 out of 3 games against a given team)
 - For example: Team A vs. Team B
 - Game 1 to 21 points: Winner = Team A
 - Game 2 to 21 points: Winner = Team B
 - Game 3 to 15 points: Winner = Team A**Results:** Team A is awarded 3 points towards their standings (2 for winning individual games and 1 for winning the overall match). Team B is awarded 1 point towards their standings for winning one game.

- The Team Captains are responsible for recording the score of each game in the match and fill the score sheets in the binders located at every court. Both Team Captains must initial the scores for it to count.
- In the event of a tie in the standings, the following tie breakers will be used: Standing Points, Matches Won, Sets Won, Flip a coin.

5. Referees

- There are no referees, all games are self-officiated. Teams are required to call their **OWN** violations and the closest player with a clear view of the play makes the judgment on scoring and in/out decision.

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- Teams are expected to be honest and keep a high level of sportsmanship at all times.
- If you feel your opponent is not being accountable, your Team Captain may politely intervene to discuss fouls called or uncalled.
- If there is a dispute, please re-serve the point.

6. Play

- ****Monday 4's Semi-Competitive (Early)****
- A player may **NEVER block or volley a serve.**
- A player **MAY NEVER** open-handed volley a serve
- A player **MAY EXECUTE** an open-handed volley on first contact (every time the ball crosses the net, including free balls) with the ball **UNLESS** it is hard driven.
- ****Monday 4's Semi-Competitive (Late)****
- A player may **NEVER** block a serve.
- A player **MAY EXECUTE** an open-handed volley on a serve.
- A player **MAY EXECUTE** an open-handed volley on first contact (every time the ball crosses the net including free balls)
- ****Tuesday 4's Semi-Competitive****
- A player may **NEVER** block a serve.
- A player **MAY EXECUTE** an open-handed volley on a serve.
- A player **MAY EXECUTE** an open-handed volley on first contact (every time the ball crosses the net including free balls)
- ****Thursday 4's Semi-Competitive****
- A player may **NEVER block or volley a serve.**
- A player **MAY NEVER** open-handed volley a serve
- A player **MAY EXECUTE** an open-handed volley on first contact (every time the ball crosses the net, including free balls) with the ball **UNLESS** it is hard driven.
- **A ball may be volleyed over the net only if you are square to the direction of the ball.**
- No lifting or scooping the ball.
- Maximum of 3 hits per side.
- If the ball lands on the line it is in.
- **No Open-Handed Tipping:** a player is **not** allowed to complete an attack-hit using an “open-handed tip” or directing the ball with the fingers. Players who contact the ball with one hand and are putting the ball over the net must cleanly hit with the heel or palm of the hand (a roll shot), with straight, locked fingers and locked wrist (a cobra), knurled fingers (a camel toe), or with the back of the hand (locked wrist and locked fingers/knuckles). One handed placement or redirection of the ball with the fingers (dink or open-handed tip) is a fault.
- A hard-driven ball is classified as a ball hit with a full swing with very little arc.
- Sets that drift over the net are permitted.
- When digging a hard-driven spike it can be double-hit and momentarily lifted. Open hand digs are okay.
- With the exception of the hard-driven spike or block, you can never double-hit the first contact.
- **A block DOES NOT count as 1 of 3 team contacts. You may play off of your own block.**
- It is illegal to move the court boundaries during the serving motion, even if the movement is caused by sand.
- No replay for “joust” above the net.
- “Continuation” exists. For example, if you touch the net after spiking a ball it is still a “net” even if the ball hit the sand before you touched the net.
- A player may not return a third hit with a volley over the net.

7. Player Rotations

- Rotate new players in before your team starts a new server.
- You do not have to rotate your players around the court, but you must rotate your servers.

8. Playing the Ball – Players must play the ball off any part of their body, **including** feet.

9. Contacting the net and Center Line

- Players may not touch the net at any time during play (**if you touch the net, it is the other teams ball**).
- A player may pass under the net (the imaginary centre line) without violation, as long as they do not touch anyone on the other team or interfere with the play or get in the way of the opposition. A player is then allowed to return to their own side and the play continues.
- Please avoid doing this when possible to eliminate the possibility of injury.

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10. Serving

- Net serves are allowed (the ball is allowed to contact the net on the serve).
- The server must clearly release or toss the ball before contacting it for serve. A player may only have one toss per serve attempt.
- A server may serve the ball from anywhere along the baseline.
- The same server continues to serve as long as his/her team successfully wins the point.
- The server's teammate must not prevent the opponents from seeing the server or the path of the ball through screening. On an opponent's request, a player must move sideways, bend over or bend down.

11. Court Side Changes

- After every match, teams will switch sides.
- In the case of a match going to 3 sets, teams will switch sides when one team reaches the 8 point mark.

12. Playoff Eligibility

- Each player must play at least half of the regular season games, in order to be able to play in the playoffs, unless it is cleared with the Beach Volleyball Coordinator. This prohibits teams from adding "ringers" to their teams for the playoffs.
- Subs may be used in the playoffs, if they meet the minimum game requirement (half the regular season games)
- Exceptions may be made by the BVB Coordinator on a case by case basis.

13. Court Etiquette

- Please keep the courts safe for all players. Beach chairs and lawn chairs along the end of the courts are permitted, but please be careful of obstructing courts and creating a hazard to player's safety. You may be required to remove your chair from courtside if asked by the Beach Volleyball Coordinator. Please children clear of the court area.

14. No-Show Fee

- A fee of \$25.00 will be charged to the Team Captain's credit card for every game missed. A No-Show is when the Team Captain does not contact the Beach Volleyball Coordinator minimum 3 hours (3:30pm or 5:30pm) prior to the start time of the league.

15. Liability & Waiver of Claims: Each player must sign a waiver before his/her first game to validate their participation with Bingemans Beach Volleyball League 2016. The submitted waivers will reflect who is on your roster list. Note: If you add a player to your team throughout the season, that player must sign a waiver before they play, **even if it is only for one game.**