

FALL HARVEST

Menu

FALL FEATURE

ROLLED RIBS (1/2 RACK | BABY BACK)

hot German potato salad | stuffing | gravy

CHILLED SALAD

FALL HARVEST COBB SALAD

crisp autumn greens | tomatoes | scallions | cucumber | maple-roasted butternut squash | marinated garbanzo beans | sweet onion dressing

ADD A CHILLED PROTEIN

grilled chicken (6oz)

4pc poached shrimp

sesame-seared tuna

herb & garlic flat iron steak (3oz)

WARM SALAD

TRI-COLOUR PRAIRIE QUINOA POWER BOWL

roasted root vegetables | golden beets | wild rice | fresh herbs | grape tomatoes | crumbled goat cheese | balsamic drizzle | apple cider vinaigrette

ADD A CHILLED PROTEIN

grilled chicken (6oz)

4pc poached shrimp

sesame-seared tuna

herb & garlic flat iron steak (3oz)

BEVERAGES

assorted canned pop or bottled water



ORDER TODAY: 519.744.1555 | SALES@BINGEMANS.COM
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