

APPS & SHAREABLES

A The Triple Play 2

\$23.29
(Serves 4; 435 Cals/Serving)

A shareable portion of three guest favourites: Bandera Bread with Santa Fe Ranch dip, our signature Thai Bites, and Cactus Cut Potatoes with cactus dip.

Crispy Cajun Shrimp 1

\$16.29
(Serves 2; 255 Cals/Serving)

Breaded jalapeño shrimp, fried and then tossed in our Cajun dry rub. Served with a sweet and spicy mango dip.

Garlic Parmesan Fries

\$10.99
(Serves 3; 385 Cals/Serving)

Golden fries tossed with garlic and Parmesan cheese. Served with our signature cactus dip.

Thai Bites ★ 2

\$17.29
(Serves 2; 330 Cals/Serving)

Breaded chicken breast tossed in sweet Thai chili sauce and served with crunchy Asian noodles, carrots, green onions, and sesame seeds.

Bandera Bread ★ 🌿

\$13.59
(Serves 2; 480 Cals/Serving)

Pizza bread, Italian spices, pizza mozzarella, and Parmesan. Served with Santa Fe ranch dip.

Boston Size to 13" \$24.29 (210 Cals/Slice)

Cactus Cut Potatoes ★ 2

\$13.99
(Serves 3; 390 Cals/Serving)

Spicy and thinly sliced fried potatoes. Served with our signature cactus dip.

Classic Nachos

\$22.29
(Serves 5; 420 Cals/Serving)

Hand-cut tortilla chips topped with cheddar, pizza mozzarella, green peppers, olives, jalapeño peppers, tomatoes, and green onions. Served with salsa, sour cream, and your choice of protein.

Choose from:

- Seasoned Ground Beef (130-260 Cals)
- BBQ Chicken (70-140 Cals)
- Spicy Chicken (60-120 Cals)

1
- Barbacoa Beef (150 Cals)

Add guacamole \$4.29 (160 Cals)

Starter size \$17.99 (Serves 3; 350 Cals/Serving)

NEW Quesadillas 1

\$15.79

A stack of mini quesadillas packed with pizza mozzarella, cheddar cheese, fire-roasted corn, onions and peppers, ancho chipotle sauce, fresh tomatoes, and green onions. Served with salsa and sour cream.

Choose from:

- Grilled Chicken (790 Cals)
- Barbacoa Beef (820 Cals)

Add a side starting from: \$3.00

Onion Rings 🌿

\$11.79
(Serves 2; 390 Cals/Serving)

Panko-crusted onion rings, served with house-made honey dill dip.

French Onion Soup

Bowl \$10.59 (260 Cals)

A rich beef broth made with sherry and sweet onions. Topped with house-made crostini, Gouda, provolone, pizza mozzarella, and Parmesan then baked until the cheese is a bubbly golden brown.

Soup of the Day

Bowl \$9.29 (230-630 Cals)

Served with garlic toast.

Cup \$6.79 (30-400 Cals)

Deep Fried Pickle Wedges 🌿

\$11.59
(Serves 2; 280 Cals/Serving)

Dill pickle spears lightly fried and served with buttermilk ranch dip.

Spinach & Artichoke Dip 🌿

\$15.79
(Serves 3; 380 Cals/Serving)

Spinach, artichokes, roasted garlic, pizza mozzarella, Cajun seasoning, tomatoes, feta, and Parmesan. Served with pizza bread.

WINGS & THINGS

Served with fresh veggies and your choice of blue cheese or ranch dip.

Fried Wings ★ or Oven-Roasted Wings G

(780-1650 Cals)

Starter Size \$18.59 **Double Order** \$26.99

B

Combo \$20.59 (Starter size with your choice of side)

All Meat Bites®

(570-1140 Cals)

Starter Size \$19.59 **Double Order** \$28.99

Combo \$21.59 (Starter size with your choice of side)

Chicken Tenders

\$15.29 (400 Cals)

Combo \$17.79 (Served with your choice of side)

Choose Your Flavour

All flavours except BBQ and Maple BBQ are GlutenWise®.

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|-----------------------------------------------------------|----------------------------------------------------------------|
| • Mild (150-300 Cals) | • Pineapple Habanero (140-270 Cals) <div>3</div> |
| • Medium (110-220 Cals) <div>2</div> | • Garlic Chili Lime Dry Rub (170-350 Cals) <div>1</div> |
| • Hot (80-160 Cals) <div>3</div> | • Buffalo Ranch (190-380 Cals) <div>2</div> |
| • BBQ (90-180 Cals) | • Sweet Thai Honey Garlic (120-230 Cals) <div>1</div> |
| • Hot Honey (100-200 Cals) <div>2</div> | • Maple BBQ (100-200 Cals) |
| • Thai Chili (110-220 Cals) <div>2</div> | |
| • Honey Garlic (120-240 Cals) | |
| • Salt and Pepper Dry Rub (5-10 Cals) <div>★</div> | |
| • Cajun Dry Rub (15-35 Cals) <div>1</div> | |

Calorie range: Starter-Double

Calories for sauce and sides are additional to those listed for wings.



★

 Guest Favourite

🌿

 Vegetarian

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 GlutenWise®

1

2

3

Mild Hot

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4-12) need an average of 1,500 calories a day. However, individual needs vary.



PIZZA

Tropical Chicken

Alfredo sauce, pizza mozzarella, cheddar, bacon, spicy chicken breast, and pineapple.

I \$14.99 (870 Cals/Pizza)
S \$20.59 (190 Cals/Slice)
M \$29.49 (250 Cals/Slice)
L \$34.79 (300 Cals/Slice)

8" Cauliflower Crust \$18.49
(950 Cals/Pizza)

Deluxe

Signature pizza sauce, pizza mozzarella, pepperoni, smoked ham, green peppers, and mushrooms.

I \$14.49 (720 Cals/Pizza)
S \$19.59 (150 Cals/Slice)
M \$28.29 (200 Cals/Slice)
L \$33.29 (240 Cals/Slice)

8" Cauliflower Crust \$17.99
(800 Cals/Pizza)

Mediterranean

Signature pizza sauce, pizza mozzarella, fresh spinach, mushrooms, olives, red onion, and feta, topped with fresh tomatoes and a pesto drizzle.

I \$14.99 (840 Cals/Pizza)
S \$19.29 (160 Cals/Slice)
M \$28.99 (230 Cals/Slice)
L \$34.29 (280 Cals/Slice)

A The Meateor™

Beefy Bolognese sauce, pizza mozzarella, smoked ham, pepperoni, seasoned ground beef, and spicy Italian sausage.

I \$14.99 (850 Cals/Pizza)
S \$19.29 (180 Cals/Slice)
M \$28.79 (240 Cals/Slice)
L \$34.29 (300 Cals/Slice)

8" Cauliflower Crust \$18.49
(900 Cals/Pizza)

Bourbon BBQ Chicken

House-made Bourbon BBQ sauce, BBQ chicken, balsamic-roasted red onions, pizza mozzarella, cheddar cheese, and bacon, finished with a buttermilk ranch drizzle.

I \$15.79 (940 Cals/Pizza)
S \$21.79 (210 Cals/Slice)
M \$30.29 (260 Cals/Slice)
L \$35.79 (320 Cals/Slice)

B Spicy Perogy

Sour cream, bacon, Cactus Cut Potatoes, pizza mozzarella, cheddar, green onions, and a dollop of sour cream.

I \$14.99 (1040 Cals/Pizza)
S \$20.29 (230 Cals/Slice)
M \$29.49 (300 Cals/Slice)
L \$34.49 (360 Cals/Slice)

8" Cauliflower Crust \$18.49
(1090 Cals/Pizza)

Carbonara Pizza

Signature pizza dough smothered in garlic butter and topped with loads of cheese, grilled chicken, smoky bacon, Alfredo sauce, and Parmesan.

I \$14.79 (900 Cals/Pizza)
S \$19.79 (200 Cals/Slice)
M \$28.99 (260 Cals/Slice)
L \$34.29 (310 Cals/Slice)

8" Cauliflower Crust \$18.29
(980 Cals/Pizza)

Vegetarian

Signature pizza sauce, pizza mozzarella, mushrooms, green peppers, red onions, Italian spices, and fresh diced tomatoes.

I \$13.99 (620 Cals/Pizza)
S \$18.99 (130 Cals/Slice)
M \$28.29 (170 Cals/Slice)
L \$33.49 (210 Cals/Slice)

8" Cauliflower Crust \$17.49
(690 Cals/Pizza)

Royal Hawaiian

Sweet Thai honey garlic, Gouda, provolone, Parmesan, pizza mozzarella, red onions, smoked prosciutto, bacon, pineapple, and toasted sesame seeds.

I \$15.79 (910 Cals/Pizza)
S \$21.29 (200 Cals/Slice)
M \$29.99 (270 Cals/Slice)
L \$35.49 (320 Cals/Slice)

8" Cauliflower Crust \$19.29
(960 Cals/Pizza)

Sweet & Savoury Italian

Sriracha pizza sauce, Genoa salami, pizza mozzarella, pesto, and goat cheese, topped with a honey drizzle.

I \$14.99 (820 Cals/Pizza)
S \$20.59 (180 Cals/Slice)
M \$28.99 (230 Cals/Slice)
L \$34.29 (280 Cals/Slice)

8" Cauliflower Crust \$18.49
(890 Cals/Pizza)

CREATE YOUR OWN PIZZA!

1. Choose Your Size

8"	10"	13"	15"
Individual \$11.49 6 Slices (630 Cals/Pizza)	Small \$14.99 8 Slices (120 Cals/Slice)	Medium \$21.99 10 Slices (160 Cals/Slice)	Large \$25.99 12 Slices (200 Cals/Slice)

2. Choose Your Crust

BP's Original Crust

8" Cauliflower Crust \$14.99
(700 Cals Pizza)

3. Choose Your Toppings & Pizza Dips

Extra charges apply. Not sure what we've got? Just ask!
Additional toppings range from 5-320 calories per topping.

ADD A DIP FOR \$2.99

All pizza dips are **GlutenWise®**.

- **Blue Cheese** (340 Cals)
- **Cactus Dip** (380 Cals)
- **Chipotle** (270 Cals)
- **Creamy Garlic** (450 Cals)
- **Honey Dill** (520 Cals)
- **Hot Honey Garlic** (100 Cals)
- **Pizza Sauce** (50 Cals)
- **Ranch** (450 Cals)
- **Santa Fe Ranch** (300 Cals)
- **Sriracha Ranch** (380 Cals)

NY SICILIAN SQUAREFOOTER™ PIZZAS

C Buffalo Chicken Pizza

\$32.29 (350 Cals/Slice)

Square pizza topped with pizza mozzarella, spicy Buffalo chicken, and red onions. Finished with green onions, and drizzles of Buffalo hot sauce and buttermilk ranch.

NEW Halftime Squarefooter™

\$28.79 (320 Cals/Slice)

Half Bandera Bread and half a "Create Your Own" 2-Topping Pizza loaded edge to edge. Served with Santa Fe ranch dip.

Loaded Pepperoni & Bacon Pizza

\$32.29 (370 Cals/Slice)

Square pizza topped with pepperoni, pizza mozzarella, bacon, cheddar, and a classic pizza sauce drizzle.




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PASTA

All pastas are served with garlic toast (180 Cals), with a substitution for The Hungry Carnivore. Substitute for three-cheese toast for \$3.99 (270 Cals). Choose to bake your pasta with cheese for \$3.79 (150 Cals).

Starter Salads

Starter Caesar Salad \$9.99 (260 Cals)

Starter Garden Salad \$8.99 (170 Cals) 

The Hungry Carnivore

\$22.99 (1450 Cals)

Penne Bolognese loaded with spicy Italian sausage, meatballs, pepperoni, and some vegetables for good measure. Served with bacon-crustured garlic cheese bread. (240 Cals)

Smoky Mountain Spaghetti & Meatballs

\$23.79 (2010 Cals)

A mountainous serving of spaghetti smothered in Bolognese sauce, then topped with three meatballs, cheddar, and Parmesan.

Parmesan Shrimp Alfredo

\$22.99 (1160 Cals)

Garlic sautéed shrimp tossed with spaghetti in a Parmesan white wine Alfredo sauce with fresh spinach and cherry tomatoes. Finished with Parmesan and a zest of lime.

Jambalaya Fettuccini

\$22.79 (1350 Cals)

Grilled chicken breast, shrimp, spicy Italian sausage, tomatoes, green peppers, green onions, Cajun seasoning, and marinara sauce.

Spicy Buffalo Chicken Mac & Cheese

\$21.49 (1320 Cals)

Cheesy Buffalo Alfredo sauce tossed with red peppers and macaroni noodles, topped with cheese and panko breadcrumbs. Then baked until golden brown, and finished with crispy Buffalo chicken bites, green onions, and Parmesan cheese.

Baked Seven-Cheese Ravioli

\$21.49 (710 Cals)

Ravioli stuffed with Parmesan, Emmental, ricotta, fontina, and Romano, baked with pizza mozzarella and cheddar, served with your choice of sauce.

Creamy Mushroom & Spinach Bake

\$18.99 (1410 Cals)

Baby spinach, mushrooms, and penne, tossed in a garlic pesto cream sauce. Baked with Gouda, provolone, pizza mozzarella, and Parmesan.

Mac & Cheese⁵

\$18.99 (1120 Cals)

Macaroni noodles tossed in a super cheesy cream sauce made with cheddar, provolone, Gouda, pizza mozzarella, and Parmesan cheese. We then top it with breadcrumbs, and bake it until golden brown.

Chicken & Mushroom Fettuccini

\$22.29 (1250 Cals)

Diced grilled chicken breast, mushrooms, tomatoes, and green onions, with Alfredo sauce.










CREATE YOUR OWN PASTA!

Starting at just \$15.99

GlutenWise⁺ Pasta \$17.29 


1. Choose Your Noodle

- **Fettuccini** (590 Cals)
- **Penne** (450 Cals)
- **Spaghetti** (590 Cals)
- **GlutenWise⁺ Fusilli** (540 Cals) 
- **Macaroni** (400 Cals)

2. Choose Your Sauce

- All pasta sauces below are GlutenWise⁺ 
- **Tomato Marinara** (160 Cals) 
 - **Rosé** (220 Cals) 
 - **Creamy Alfredo** (270 Cals) 
 - **Beefy Bolognese** (160 Cals)

3. Add Your Proteins and Vegetables

All protein and vegetables below except Meatballs are GlutenWise⁺ 

- **Mushrooms** \$1.99 (5 Cals)
- **Green Peppers** \$1.99 (5 Cals)
- **Onions** \$1.99 (10 Cals)
- **Spinach** \$1.99 (10 Cals)
- **Tomatoes** \$1.99 (10 Cals)
- **Bacon** \$2.79 (110 Cals)
- **Spicy Italian Sausage** \$2.79 (80 Cals) 
- **Three Meatballs** \$4.99 (510 Cals)
- **Shrimp** \$4.99 (35 Cals)
- **Grilled Chicken Breast** \$6.29 (150 Cals)
- **Salmon Fillet** \$9.49 (370 Cals)

Get it Baked with Cheese! \$3.79 (150 Cals)

Calories in each section of Create Your Own Pasta are additional.

JOIN US FOR PASTA TUESDAY[®]

Gourmet Pasta just \$15.99 (710-2010 Cals)

Create Your Own from \$11.99 (560-860 Cals)

Add a **Starter Caesar Salad** for \$5.99 (260 Cals)

HANDHELDS

All Handhelds are served with your choice of one side, excluding Tacos.

Honey Dill Fried Chicken Sandwich

\$19.99 (760 Cals)

Buttermilk-breaded fried chicken breast, topped with house-made honey dill sauce, bacon, lettuce, tomato, and pickles, on a toasted brioche bun.

Grilled Chicken Clubhouse

\$19.49 (1040 Cals)

Garlic cheese baked baguette layered with grilled chicken breast, bacon, lettuce, and tomatoes, drizzled with our secret sauce.

Available on **GlutenWise⁺** bun \$20.49 (830 Cals) **G**

Kick'n Memphis Chicken Sandwich

\$19.99 (1090 Cals)

Buttermilk-breaded fried chicken breast tossed in Memphis hot sauce, cheddar, bacon, ranch dressing, lettuce, tomatoes, and a pickle, on a toasted brioche bun.

Thai Chicken Wrap

\$17.59

Chicken breast, lettuce, red onions, carrots, cilantro, mayo, and crunchy Asian noodles, tossed in our Thai chili sauce and wrapped in a grilled flour tortilla.

Choose from:

- Grilled Chicken Breast (820 Cals)
- Breaded Chicken Breast (860 Cals)

Tacos

\$17.79

Three soft tacos with your choice of protein, creamy lime coleslaw, pizza mozzarella, tomatoes, ancho chipotle sauce, and cilantro.

Choose from:

- Breaded Jalapeño Shrimp (680 Cals)
- Grilled Chicken Breast (740 Cals)
- Breaded Chicken Breast (890 Cals)

Add a side starting from: \$3.00 (60-620 Cals)

NEW Big Philly Cheesesteak Dipper

\$20.49 (1080 Cals)

Shaved steak, braised onions, red and green peppers, Italian cheese blend, and a smoky BBQ mayo. Served with sweet onion au jus.

Boston Brute

\$19.49 (880 Cals)

Genoa salami, pepperoni, smoked ham, pizza mozzarella, onions, and our signature pizza sauce. Served with beefy Bolognese sauce for dipping.

Double the Meat for \$4.19 (160 Cals)

Boston-Sized Burger

\$20.29 (1110 Cals)

Two grilled quarter-pound patties, topped with cheddar, lettuce, tomatoes, red onions, pickles, and our signature cactus dip, on a toasted brioche bun.

Available on **GlutenWise⁺** bun \$21.29 (970 Cals) **G**

Add Bacon \$1.99 (120 Cals)

Maple Bacon Burger

\$17.99 (1040 Cals)

A quarter-pound beef patty, grilled and glazed with maple BBQ sauce. Topped with cheddar, candied maple bacon, lettuce, tomatoes, red onions, pickles, and mayo on a toasted brioche bun.

Cali Veggie Burger

\$18.79 (530 Cals)

4-ounce veggie burger loaded with vegetables, served on a toasted brioche bun with lettuce, tomatoes, red onions, and ancho chipotle sauce.

Available on **GlutenWise⁺** bun \$19.79 (540 Cals) **G**

Vegan-friendly^s option available \$19.79 (540 Cals) **G**

SALADS

GlutenWise⁺ option for Salads available upon request. **G**

Fiesta Salad

\$18.99 (760 Cals)

Romaine tossed in avocado lime dressing, and topped with diced ancho chipotle chicken, fire-roasted corn, onions and peppers, green onions, cheddar cheese, tomatoes, guacamole, and cilantro.

Chicken Pecan Salad

\$20.99

Garden greens, candied pecans, pizza mozzarella, cheddar, bacon, cucumbers, carrots, tomatoes, and ranch dressing.

Choose from:

- Grilled Chicken Breast (790 Cals)
- Breaded Chicken Breast (950 Cals)

Pineapple, Beet & Goat Cheese Salad

\$18.49 (390 Cals)

Garden greens, pineapple, beets, red onions, roasted red peppers, goat cheese, almonds, and balsamic dressing.

Add Grilled Chicken Breast \$6.29 (150 Cals)

Add Salmon Filet \$9.49 (370 Cals)

Chicken Caesar Salad

\$19.49 (680 Cals)

Grilled chicken breast, romaine, croutons, bacon, and freshly grated Parmesan.

BOWLS

Power Bowls

Quinoa, rice, spinach, cherry tomatoes, guacamole, beets, carrots, roasted red peppers, and cucumbers.

Choose from:

- Citrus & Cumin Sesame-Glazed Salmon \$23.79 (1260 Cals) **G**
- Honey Dill Grilled Chicken Breast \$20.49 (1080 Cals) **G**
- Honey Dill Breaded Chicken Breast \$20.49 (1230 Cals)

NEW Barbacoa Burrito Bowl

\$20.29 (1060 Cals) **G**

Slow-cooked spiced beef, fire-roasted corn, onions and peppers, cherry tomatoes, pickled jalapeno, cheddar cheese, sour cream, ancho chipotle sauce and guacamole, over a bed of quinoa and brown rice.

CHICKEN, RIBS & STEAK

NY Strip Loin Steak

\$29.99 (1040 Cals)

Canadian 10-ounce AAA New York strip loin steak, aged a minimum of 28 days and charbroiled the way you like it. Served with garlic toast, garlic mashed potatoes, and your choice of one side.

Chicken Parmesan

\$23.79 (980 Cals)

Buttermilk-breaded fried chicken breast, topped with our marinara sauce and pizza mozzarella. Served with garlic toast, spaghetti marinara, and your choice of one side.

Slow-Roasted Pork Back Ribs

- Full Rack \$30.29 (1140 Cals)
- Half Rack \$21.99 (730 Cals)

Our tender ribs are slow-cooked with our own blend of spices, and finished with your choice of sauce. Served with garlic toast, coleslaw, and your choice of one side.

Choose from:

- BBQ (90-180 Cals)
- Bourbon BBQ (90-180 Cals)
- Honey Garlic (120-240 Cals) **G**


Calories for sauce are additional to those listed for Ribs.



SIDES

- Fries (340 Cals)
- Caesar Salad (140 Cals)
- Garden Salad (60 Cals)
- Coleslaw (140 Cals)
- Garlic Mashed Potatoes (320 Cals)
- Quinoa and Rice Blend (610 Cals)
- NEW Roasted Carrots (70 Cals)

- Or substitute for \$3.99 :
- Garlic Parmesan Fries (580 Cals)
 - Onion Rings (560 Cals)
 - Sweet Potato Fries (620 Cals)
 - Cactus Cut Potatoes (580 Cals)

GlutenWise+ option available for Coleslaw, Quinoa and Rice Blend, Caesar Salad, and Garden Salad. 

Calories for sides are additional to those listed for Chicken, Ribs, Steak and Sandwiches.

NON-ALCOHOLIC DRINKS



Non-Stop Pop
Free refills \$3.99 (0-170 Cals)



Energy Drinks
Red Bull \$5.99 (110 Cals)
Red Bull Sugarfree \$5.99 (5 Cals)

Fever Tree Ginger Beer
\$4.59 (200 ml; 80 Cals)

Fever Tree Pink Grapefruit
\$4.59 (200 ml; 80 Cals)

Milk
\$4.29 (190 Cals)

Chocolate Milk
\$4.29 (240 Cals)

Fruit Juice
\$4.29 (160 - 170 Cals)

GOT A SWEET TOOTH?

Ask to see our
craveable
Dessert
Menu.



Chocolate Explosion

\$15 LUNCH*

CHOOSE
A MAIN + SIDE + DRINK

AVAILABLE
MONDAY TO FRIDAY
11AM - 3PM

*\$15 Lunch special applies only to items on the \$15 Lunch menu and is available at participating restaurants during specific days and hours as determined by each location. Please ask server for \$15 Lunch special details.

READY IN 20 MINUTES OR LESS*

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4–12) need an average of 1,500 calories a day. However, individual needs vary.

#GlutenWise+ items are prepared with gluten-free ingredients, however cross contamination may occur during preparation. \$Vegan-friendly items are prepared with vegan ingredients; however cross contamination may occur during preparation. Prices do not include applicable taxes and are subject to change without notice. Allergies? Please inform our staff of any food allergies or food sensitivities. Nutritional information on menu items is available at all Boston Pizza restaurants as well as at BostonPizza.com. The Meateor and Squarefooter, are trademarks of Boston Pizza International Inc., used under license. GlutenWise, All Meat Bites and Pasta Tuesday are registered trademarks of Boston Pizza International Inc., used under license. Pepsi, Diet Pepsi, 7UP, and MUG – owned or used under license by PepsiCo Canada ULC. Dr Pepper – Keurig Dr Pepper. used under license. Brisk – Unilever Canada Inc. used under license. Boston Pizza is a registered trademarks of Boston Pizza Royalties Limited Partnership, used under license. © Boston Pizza International Inc. 2024.